



CANDY CANE DANCE

MOVE-IT

Please refer to the video for a
more detailed representation of
the movements and timings.

A: The Jump

Jump straight up with hands above head.

B: The Dance

Jump on beat while alternating straight arms up and down.

C: The Turn

Turn clockwise then counter-clockwise for 8 beats pretending to lead with a *muleta*. 2X

D: The Swish

Move both arms in a flowing upward motion left and right. Alternate with music.

E: The Finale

Continue with *The Dance* until final beat and end with *The Jump*.