

# Estonian Lullaby

## *Arve Pärt*

Estonian Text:

*Kuus, Kuus, Kallike*

English Translation:

*Hush, Hush, My Darling*



### *A* :00 - :14

Bounce slightly from the knees, turn and wink to neighbour.

Bounce slightly from the knees, turn and wink to other neighbour.

Bounce slightly from the knees, turn and wink to original neighbour.

Bounce slightly from the knees, turn and wink to other neighbour.

### *B* :15 - :30

Slowly swing one arm forward and back two times.

Slowly swing the other arm forward and back two times.

### *C* :31 - :47

Slowly swing both arms forward and back two times.

Slowly swing both arms forward and up into a large circle over head and slowly turn around one time while lowering arms by the end. (*eight steps*)

### *A* :48 - 1:01

Repeat motions described in Section A.

### *B* 1:02 - 1:17

Repeat motions described in Section B.

### *C* 1:18 - 1:37

Repeat motions described in Section C.

### *A* 1:38 - 2:01

Repeat motions described in Section A.

#### Alternate Formations:

1. *CIRCLE* - with or without taking hands during Section A.
2. *Do not turn around during Section C.*

Choreographed by: *David Rankine*