WALTZ IN A MINOR

Frédéric Chopin

Choreography by Peggy Lyman Hayes and John Feierabend

Starting Position
Seated on the floor in a circle, each person gently holds a stuffed animal in their lap with both hands.

Section A:
Begin to make a circular motion from left to right, rising a bit higher with each repetition.
On the third repetition, place left hand, palm up, resting on left knee, while right hand gently places animal into upturned palm of person to the right.
Repeat 4 times (total).

Section B:
Holding animal in left hand, gently stroke/pet entire length of animal (and extend a bit beyond), twice with right hand.
On third repetition, gently place animal into upturned left palm of person to the right.
Repeat 4 times (total).

Section A:
Repeat 2 times.

Section B:
Repeat 2 times.

Section A:
Repeat 4 times. End by hugging the animal on the left shoulder.

Premiered at the Fifth Biennial FAME Conference, Chicago
Peggy Lyman Hayes and John Feierabend, July 2024