

**Ask Me About: My Simple Song**  
**“Bell Horses”**



Bell horses, bell horses,  
 What’s the time of day?  
 One o’clock, two o’clock,  
 Time to away!



*\*In class, we played this as a game. One person was the bell horse, and held jingle bells in each hand. The rider followed behind them, holding onto ribbons for the reigns. The partners galloped around the circle as the class sang the song!*

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**Ask Me About: My Circle Song Dance**  
**"Frosty Weather"**



Frosty weather, Snowy weather,  
When the wind blows, we all go together!

Three steps backward and 1, 2, 3!



*\*In class, we made a large circle holding hands. On the first line, we circled to the right.  
On the second line, we swung our arms gently forward and back 4x and then took 4 small tip toe steps in.  
On line 3, we sang to each other and moved back as we counted 1,2,3!*

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## Ask Me About: My Fingerplay

### "Two Little Blackbirds"

*Say the rhyme, and act it out with motions!*



Two little blackbirds sitting on a wall,

*One hand bounces on each knee with a thumbs up to show birds.*

One named Peter and the other named Paul.

*Hold one thumb out for each bird.*

Fly away Peter, Fly away Paul,

*Each thumb goes up and "flies" behind your back.*

Come back Peter, and Come back Paul!

*Each thumb comes back and lands on your knee.*

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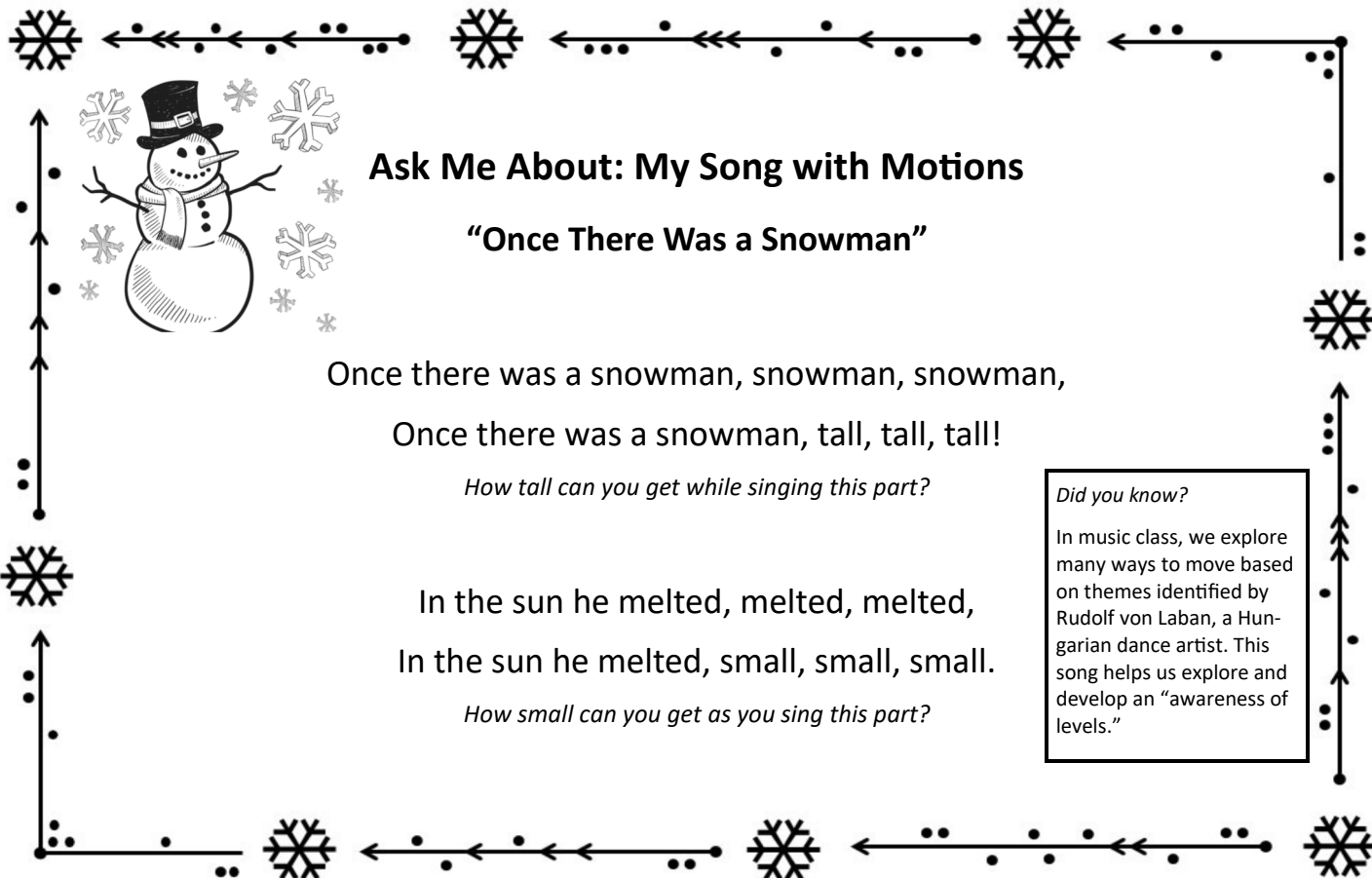
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**Ask Me About: My Song with Motions**

**“Once There Was a Snowman”**

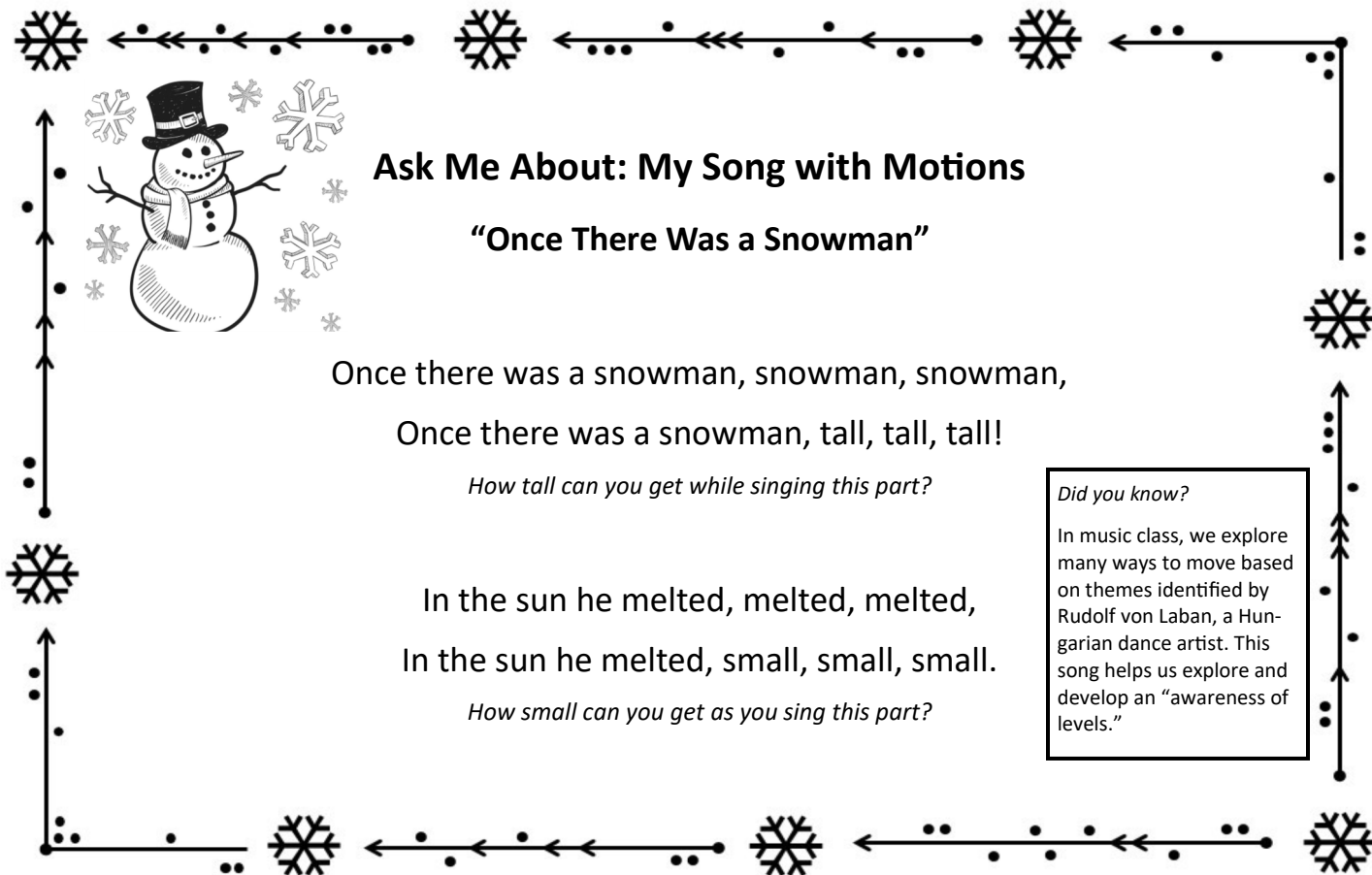


Once there was a snowman, snowman, snowman,  
 Once there was a snowman, tall, tall, tall!  
*How tall can you get while singing this part?*

In the sun he melted, melted, melted,  
 In the sun he melted, small, small, small.  
*How small can you get as you sing this part?*


*Did you know?*

In music class, we explore many ways to move based on themes identified by Rudolf von Laban, a Hungarian dance artist. This song helps us explore and develop an “awareness of levels.”



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Ask Me About: My Simple Song

**“Johnny Has One Friend”**

Johnny has one friend, one friend, one friend.

Johnny has one friend,

Johnny has two.

*\*In class, we tapped the number of friends on our other palm as we sang.*

*On the last word of each verse, we held out the new number for a long note*

*before starting the next verse with the added friend.*

*This helps to reinforce steady beat, and could also be a great way to work on addition!*



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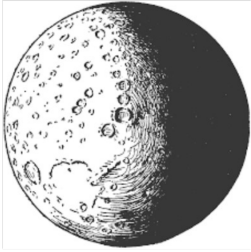
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## Ask Me About: My Steady Beat Song

### "Aiken Drum"



There was a man lived in the moon,  
In the moon, in the moon.  
There was a man lived in the moon,  
And his name was Aiken Drum.

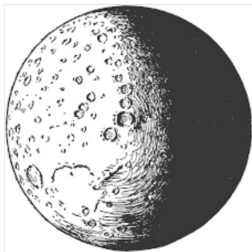
And his head was made of an apple,  
Apple, apple.  
And his head was made of an apple,  
And his name was Aiken Drum.



*\*In class, we tapped the part of his body being sung about on the steady beat.  
Students were able to choose what the other parts of his body were (body, arms, legs, feet, hair, etc.).  
Try to come up with your own Aiken Drum, and then draw him!*

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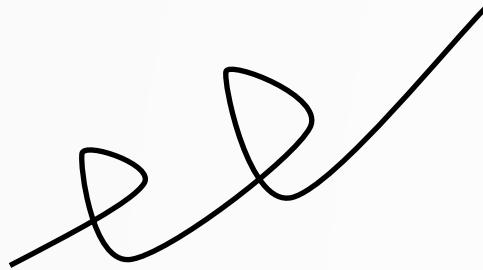
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## Ask Me About: How I Warm Up My Voice

*Follow the path of each line with your voice!*



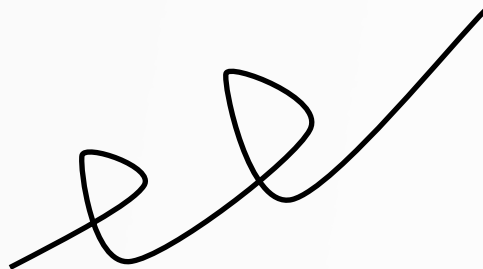
*\*In class, we always warm-up our voices before any singing.*

*These exercises help us strengthen the lengthening muscles required to sing in a beautiful head voice.*

*They also help us expand our range, and start to develop a sense of pitch and melodic contour!*

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