



Move It!

Music: II. Scherzo: Prestissimo from Schubert's String Quartet No. 10 in E-Flat Major, D. 87

Created by Emmy Woock

A- :00 - :22

- Bend to pick an imaginary flower with the right hand, then left hand. Raise both arms and lower them to the sides, expressing the joy of spring.
- Repeat
- Bend to pick 5 flowers, alternating hands.
- Holding the imaginary flower bouquet in one hand, use the other to wind ribbon around the flower stems.
- Hold bouquet to nose as if smelling the flowers, and then stifle a sneeze.

Av- :23 - :45

- Bend to pick an imaginary flower with the right hand, then left hand. Raise both arms and lower them to the sides.
- Bend to pick 5 flowers, alternating hands.
- Holding the imaginary flower bouquet in one hand, use the other to wind ribbon around the flower stems.
- Hold the bouquet to the nose as if smelling the flowers, and then stifle a sneeze.
- Bend to pick an imaginary flower with the right hand, then left hand. Raise both arms and lower them to the sides.

B- :46-1:40

- Holding the bouquet with the left hand, pretend the index finger of the right hand is a bee flying all around, coming to land on the flowers.
- Holding the bouquet with the right hand, pretend the index finger of the left hand is a second bee, which also will land on the flowers.
- Using the right hand, gently shoo the bee away four times. Repeat with the other hand.
- Have the left hand "bee" fly away, ending with a "release" by opening the other fingers
- Using the left hand, gently shoo the bee away four times. Repeat with the other hand.
- Have the right hand "bee" fly away, ending with a "release" by opening the other fingers

Av2 - 1:41-2:13

- Bend to pick an imaginary flower with the right hand, then left hand. Raise both arms and lower them to the sides.
- Repeat
- Bend to pick 5 flowers, alternating hands.
- Holding the imaginary flower bouquet in one hand, use the other to wind ribbon around the flower stems.
- Hold bouquet to nose as if smelling the flowers, and then stifle a sneeze.
- Bend to pick an imaginary flower with the right hand, then left hand. Raise both arms and lower them to the sides.

Feierabend Association for Music Education

7343 S. Mason Ave. ✨ Chicago, IL 60638 ✨ feierabendmusic.org

©2024 Betsy Greene and the Feierabend Association for Music Education

Note:

Students may explore levels by picking flowers from trees or bushes rather than from the ground. The B section may be modified to allow students to travel as the bees fly around the room, rather than just tracing with a finger in the air.

Emmy Woock is a First Steps in Music Endorsed Teacher Trainer. She works in Elmhurst, Illinois, where she teaches students from Kindergarten through college. She is currently pursuing her PhD in music education from Indiana University in Bloomington, IN.

This was created for part of her First Steps in Music Teacher Trainer 2022 apprenticeship at Gordon College with Dr. John Feierabend.

